

Tips and tricks for the practice of internal dosimetry in occupational radiation protection

Experiences of Laboratory Accreditation and Intercomparison Exercises for Individual Monitoring of Internal Exposure



Outline

Internal Dosimetry Lab of KIRAMS

- Internal Dosimetry Laboratory
- Laboratory Accreditation Experiences
- Intercomparison Exercises for Performance Test

ARADOS, Platform for Individual Dosimetry Network

- ARADOS Introduction
- Intercomparison Exercises
- Future Plans



Internal Dosimetry Lab of KIRAMS (Korea Institute of Radiological and Medical Sciences)



Internal Dosimetry Lab of KIRAMS

KIRAMS is a national leading research institute on radiological medical sciences composed of cancer hospital, medical research center, RI production/application center and NREMC.



- Health physics team under NREMC has operated dosimetry laboratory for individual monitoring of external/internal exposure.
 - Routine individual monitoring (for NM workers)
 - Retrospective dose assessment
 - Research projects for emergency dosimetry
 - Intercomparison exercises



Internal Dosimetry Laboratory

In-vivo Bioassay

In-vitro Bioassay









Internal Dosimetry Laboratory

Mobile Bioassay Unit











KOREA INSTITUTE OF RADIOLOGICAL & MEDICAL SCIENCES NATIONAL RADIATION EMERGENCY MEDICAL CENTER

Laboratory Accreditation

Laboratory accreditation from KOLAS in 2016

QMS (Quality Management System) based on ISO/IEC 17025

- Development of quality manual, procedures and guidelines covering the requirements on structure, resource, process and management system
- Visited IAEA and CIEMAT for consultation







GENERAL REQUIREMENTS FOR THE COMPETENCE OF TESTING AND CALIBRATION LABORATORIES

Laboratory Accreditation

Key issues for laboratory accreditation

- Trained personnel
- Facilities and environmental condition
- Equipment calibration and performance tests
- Evaluation of measurement uncertainty (Type A and B)
- Control of technical records and reported results
- Periodic internal audits and corrective actions









Intercomparison Exercises

Proficiency test through intercomparison results

- WBC inter-laboratory comparison with IAEA
- Thyroid monitoring intercomparison (TRIP by US LLNL)
- Urine bioassay (NRIP, PROCORAD, etc.)



Intercomparison Exercises

Performance Criteria for Bioassay (from ISO and ANSI standards)

- Relative Bias
- Repeatability

RMSE (combined value)





Individual Monitoring of Occupational Intakes

Individual monitoring for NM workers in hospitals

- Preliminary study requested by the NSSC
- About 30 workers in 6 hospitals
- Used mobile unit for WBC and thyroid monitoring



National Intercomparison Exercise

WBC intercomparison

- Used BOMAB phantom and transfer phantom
- Service laboratories from NPPs and research institutions







KOREA INSTITUTE OF RADIOLOGICAL & MEDICAL SCIENCES NATIONAL RADIATION EMERGENCY MEDICAL CENTER

National Intercomparison Exercise

Urine Bioassay intercomparison

- H-3 measurement in urine samples (CANDU-reactors)
- U isotope measurement in urine samples (Nuclear Fuel Co.)





IAEA Training Courses

Training Courses on Assessment of Occupational Intakes

• Basic course/Advanced course (including hand-on sessions)



ASTSCAN



ARADOS (Asian Radiation Dosimetry Group) *Platform for Individual Dosimetry Network in Asia*



ARADOS Introduction

- Founded as a research platform of radiation dosimetry among Asian countries in 2015
- 8 countries, about 20 institutions, more than 70 members
- Chairperson : Dr. Osamu Kurihara (QST-NIRS, Japan)
- 4 WGs : Internal, External, Biological and Computational

Mission of ARADOS

- 1. To enhance and harmonize radiation dosimetry capabilities in Asian countries
- 2. To share information on research activities on radiation dosimetry in each country
- 3. To prepare a joint response for radiation dosimetry services in the event of a large-scale radiological/nuclear accident.

Osamu Kurihara, Radiat Meas (2020)





Main Activities

Annual Meetings/Facility Tour
 Intercomparison (IC) Exercises
 Joint Research Projects
 Education and Trainings





IC Exercises

Thyroid monitoring intercomparison exercise in 2017

- Prepared by QST-NIRS (phantoms) and KIRAMS (samples)
- Reference value determined by HPGe detector









KOREA INSTITUTE OF RADIOLOGICAL & MEDICAL SCIENCES NATIONAL RADIATION EMERGENCY MEDICAL CENTER

IC Exercises

- 8 institutes from Japan, China and South Korea participated.
 17 results applying the different detectors or measurement
 - conditions were reported to the organizing group.





Result of IC Exercises

Measurement results of thyroid activity were compared.
 Thyroid measurement conditions of participating laboratories were surveyed and analyzed to promote harmonization of the monitoring method used.





Distance of Detector Expaned Uncertainty

Other IC Exercises

EURADOS-LLNL Thyroid IC

- Thyroid activity measurement and dose assessment
- ICIDOSE project
 - Internal dose assessment using

the given intake scenarios





Number of Non-European participants



ARADOS Website



www.nirs.qst.go.jp/usr/ARADOS/index.php

Future Plans

Intercomparison exercises in each WG

• Internal dosiemtry WG : WBC intercomparison, urine bioassay intercomparison, analysis of biokinetic models and internal dose assessment applying ICRP OIR under planned

Standardized dosimetry protocol

- Expanding the network in Asian and Oceanic Region
- Collaboration work with EURADOS, IAEA, RCA, etc.
- Joint research projects, education and training courses



Summary and Conclusions

Experiences of Internal dosimetry lab of KIRAMS

- Laboratory accreditation based on ISO 17025
- Intercomparison exercises for individual mointoring/internal dosimetry

• ARADOS, a platform for individual mointoring and radiation dosimetry in Asia

We, ARADOS, welcome everyone who are interested in our activities and collaborations.





Thank you for your attention!

